

**Project title: THE VOICE WORKSHOP FOR WOMEN VICTIMS OF DOMESTIC VIOLENCE IN BURHINYI, DR Congo**

**APPLICANT INFORMATION**

PEUPLES SANS VOIX (PSV) is a nonprofit organization based in Eastern DR Congo registered under the certificate Just.G.S.112/S -KV/1279. PSV comes to promoting the dignity of women left to their own devices through the inclusion of social groups and communities currently marginalized social, cultural, political and economic.

PSV runs with a board of directors of 7 women with various qualifications and a staff leaders of 4 women and girls.

We work within communities to enable the most marginalized women and girls to understand, and have the confidence, to claim their rights and improve their lives.,

PSV works together with local groups of women and girls to empower them in their communities and increase their political and civil participation .

We provide information for women about their rights and where to seek help

We challenge and change attitudes and behaviors and we undertake projects addressing issues such as gender-based violence, youth empowerment and girl's education.

**WHAT WE DO**

PSV focus on ensuring that girls who are at risk of rape and child marriages can be protected and remain in school.

PSV works with schools in Walungu town providing information to parents, teachers and community elders on the value of girls' education. The schools run girls' clubs where girls can share information and support each other as well as educate communities to refrain from harmful practices.

Since 2013 PSV has been working to enable 40 vulnerable women to control their livelihoods and contribute to the development of their families and communities.

PSV brings together poor women, who are left out of decision making, to carry out income generating projects as well as providing them with information on violence against women Being organized in self-help groups enables women who are often isolated by poverty and HIV and AIDS to take action individually and collectively against violence;

By offering psychosocial care services in post-conflict, PSV have had great success in bringing together women survivors of the armed conflict in Walungu Territory to talk about and overcome the problems that they faced during and after the civil war.

Another key focus area for PSV is the promotion of women's rights and awareness-raising around gender-based violence and provide counseling services to communities and traumatized survivors of war and gender-based violence.

## **1. Project background and justification**

Domestic violence has become a scourge to eradicate several families in Burhinyi in the Democratic Republic of Congo. Women victims of these barbaric actions of men, have each one its singular history, hence the need to offer multiple and varied responses within the network.

Our desire is to provide a collective benefit favouring the expression of emotions with an artistic medium in a safe environment.

We reserve to individuals who share a common suffering so that they can approach it more freely and this will enable us to design a response "to measure".

## **2. Project Description**

This program helps women and girls who are at risk of experiencing violence or sexual assault to improve security and to increase their self-confidence. Women learn of violence prevention strategies and establishing personal boundaries. They obtain information on gender stereotypes, healthy relationships, the relationship between self-image and eating disorders, abuse of alcohol or other drugs, stress management and diversity and learn to think critically address the messages transmitted by the media

During the sessions of the workshop a talk time is necessary for a good availability in the exercises for women victims of domestic violence. .This Speaking time allows each to say where it is, and the host of the group take temperature and see in which direction the course.

Throughout the sessions confidence will settle, tongues loosen, emotions arise, the voices expressed in group give a real supportive relationship and is set up in compliance with the confidentiality and non-judgmental.

## **3. PROJECT GOALS**

1. Allow to women victims of domestic violence to express their suffering but also all their emotions through song and vocalizing.
2. Allow women victims of domestic violence to meet other women facing the same challenges and so break the taboo of silence, secrecy and develop solidarities
3. Reduce their guilt by addressing their situation as part of a group: no longer be the only one, "where
4. Inform and guide the victim about his rights and the possible approaches  
Tell the victim the possibility of a multidisciplinary management (social worker, psychologist, lawyer, doctors)

#### **4. EXPECTED RESULTS;**

- Women participants in the workshop show their reinsurance, which encourages them to deal with violence
- Women victims of domestic violence find a personal well-being both physically and psychologically, they thought impossible
- The information and experiences shared during the focus group sessions helped to decrease the shame of the situation they were wearing. Before  
**The Victims of domestic violence are informed of their rights and aid they might receive.**
- A group of words of the committee is made "space" for these women to refer their complaints to the bodies of the gendarmerie, police or other defence associations' right of women victims

#### **5. WHO ARE THE PARTICIPANTS?**

Women 25 to 55, who still live in couples or not, often mothers, often beaten by their husbands or mates, divorced. A total of 40 participants are the direct beneficiaries

#### **6. ACTIVITIES**

- 1 .Organization workdays and reflection on the theme of domestic violence
2. Organization adapted songs times to the profile and the dynamics of listening service group operating mainly
3. Produce 35 leaflets containing information campaign on violence against women. The main rights of the victim, the main steps to follow to find the gendarmerie
4. Appointment of a victim referral to the end of the workshop

#### **7. IMPACT OF PROJECT ON THE BENEFICIARIES**

- 1 .The victims of domestic violence have arguments to file a complaint against the perpetrator
- 2 .The evidence concerning the existence of domestic violence gathered (testimonials, previous medical certificate,
3. A committee group "women's words" is created to offer a place of listening and sharing women in difficulty; special attention is paid to issues of domestic and family violence.

## **8. SUSTAINABILITY OF THE PROJECT;**

A dynamic and united group, with a core of eight women, vigilant towards each other's invested to duplicate results of the workshop is set up

Key monitoring and evaluation indicators

### **Management and monitoring arrangement**

The project management team will produce regular report in conformity with the donor procedures. The project management team will regularly prepare short periodic updates on the progress of activities.

Through the community participatory approach, the beneficiary communities will be fully involved in the process and their views taken into account during the identification and implementation of various projects activities

The monitoring indicators are fixed as follows:

1. Number of girls participating in the workshop acquire the life skills struggle against violations of their rights.
2. Rate of girls and women attending the club girls a week
3. Quality of the themes developed during the workshop on women's rights
- 4 Number of cases documented violations and denounced during advocacy sessions
5. Percentage of people affected by the activities of the workshop via the conference, radio broadcast or on social networks

**BUDGET**

<b>Item</b>	<b>Break down</b>	<b>Amount USD</b>	
Event	Ceremonies discussion group facility	USD 160	
awareness	50 Leaflets against domestic violence for participants: USD 4 each	USD 200	
Training room	5 days for rental training room : USD 50 each	USD 250	
Case study	Film report of 4 cases of domestic violence :USD 50 each	USD 200	
Psychosocial care	5 sessions of listening and counseling victims of violence: USD 60 each	USD 300	
honoraria	5 days for provision the trainer 's premium : USD 45 each	USD 225	
Workshop visibility	Calico for project visibility: USD 50	USD 50	
Conference	Dissemination of results of the workshop in the community	USD 120	
Publication of results	Production report	USD 40	
<b>TOTAL</b>		<b>USD 1545</b>	

**BANK ACCOUNT DETAILS**

Bank Name: I&M BANK Ltd ( Rwanda)  
Account Name: PEUPLES SANS VOIX  
Account Number: 0022-0052 602 - 01 -77 /USD  
Swift Code: BCRW RW RW